



May



Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
6-May Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-May Cheeseburger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-May Penne Pasta w/ Beefy Red Sauce Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-May Cheese & Chicken Quesadilla w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Cinnamon Toast Crunch Bar Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Maple Long John Fresh Fruit & Milk
13-May Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-May Chicken Burger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-May Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-May Burrito w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	17-May Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Cinnamon Toast Crunch Bar Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Banana or Zucchini Bread Fresh Fruit & Milk
20-May Chicken Strips Baked Cheetos Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-May Hamburger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-May Breakfast for Lunch Mini French Toast & Turkey Sausage Patty Dried Cherries Fresh Vegetables 1% White Milk or Chocolate Milk	23-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-May No School Non-Student, Non-Contract
Cereal Choice & Cracker Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Cinnamon Toast Crunch Bar Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	
27-May 	28-May Corndog Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-May Turkey Taco Nachos w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-May Ham and Cheese Sandwich Lays Potato Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	31-May Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
No School	Cereal Choice & Cracker Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Banana or Zucchini Bread Fresh Fruit & 1% Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
 Questions? Call Cheyenne Walker, Food Services Supervisor, at (360) 428-6149.