



Mount Vernon School District

Growing Healthy Students!

Meal Prices:
Elementary Breakfast & Lunch: **No Charge**
Adult Lunch & Salad Bar: **\$5.00**
Side Milk: **\$0.75**

Monday	Tuesday	Wednesday	Thursday	Friday
6-Nov Mandarin Orange Chicken Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	7-Nov Chicken Burger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	8-Nov Cheeseburger Mac Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Pancake on a Stick Fresh Fruit & Milk	9-Nov Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cinnamon Roll Fresh Fruit & Milk	10-Nov Veteran's Day No School
13-Nov Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cereal Choice & Cracker Fresh Fruit & Milk	14-Nov Corndog Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	15-Nov Burrito w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Muffin & String Cheese Fresh Fruit & Milk	16-Nov Turkey Gravy and Mash Potatoes Dinner Roll & Cookie! Fresh Fruit & Salad Bar 1% White Milk or Chocolate Milk Pancake on a stick Fresh Fruit & Milk	17-Nov Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Long John Fresh Fruit & Milk
20-Nov Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	21-Nov Hamburger French fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	22-Nov Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Pancake on a stick Fresh Fruit & Milk	23-Nov Thanksgiving Day! No Meal Service	24-Nov No Meal Service
27-Nov Cereal Choice & Cracker Fresh Fruit & Milk Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Nov Ham and Cheese Sandwich Lays Potato Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	29-Nov Beef Chili Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Muffin & String Cheese Fresh Fruit & Milk	30-Nov Soft Turkey Taco w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Pancake on a stick Fresh Fruit & Milk	1-Dec Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cinnamon Toast Crunch Bar Fresh Fruit & Milk

This institution is an equal opportunity provider and employee. Menu subject to change without notice.
 Questions? Call David Comaris, Food Services Director, at (360) 428-6149.



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Monday	Tuesday	Wednesday	Thursday	Friday
4-Dec Chicken Strips Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cereal Choice & Cracker Fresh Fruit & Milk	5-Dec Corndog Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	6-Dec Spaghetti & Meatsauce Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Strawberry Cream Cheese Bagel Fresh Fruit & Milk	7-Dec Burrito w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Pancake on a stick Fresh Fruit & Milk	8-Dec Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cinnamon Roll Fresh Fruit & Milk
11-Dec Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk Cereal Choice & Cracker Fresh Fruit & Milk	12-Dec Hamburger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Breakfast Pizza Fresh Fruit & Milk	13-Dec Calzone Caesar Salad Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Strawberry Cream Cheese Bagel Fresh Fruit & Milk	14-Dec KFC Bowl Popcorn Chicken Mashed Potatos w/ Gravy Fresh Fruit and Veg 1% White Milk or Chocolate Milk Pancake on a stick Fresh Fruit & Milk	15-Dec Cook's Choice Cookie! Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cinnamon Toast Crunch Bar Fresh Fruit & Milk
18-Dec Cereal Choice & Cracker Fresh Fruit & Milk	19-Dec Breakfast Pizza Fresh Fruit & Milk	20-Dec Strawberry Cream Cheese Bagel Fresh Fruit & Milk	21-Dec Pancake on a stick Fresh Fruit & Milk	22-Dec Cinnamon Toast Crunch Bar Fresh Fruit & Milk
Winter Break - No School.				
Winter Break - No School. Dec 18 - Dec 29.				
Back Jan 2				

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